

Santa Cruz County Outdoor Science School

Special Dietary Needs Form

(If your child is a vegetarian or vegan, and does not have other food restrictions, do not fill out this form.
Indicate these dietary needs on the Student Health and Registration form)

Name of Student (Last)	(First)	Date of Birth
Parent/Guardian Name	Phone Number	School/Teacher

Please indicate which foods/ingredients your child MAY NOT HAVE (circle all that apply):

- | | | | |
|---|------------------|---------------|--------------|
| Peanuts | Tree nuts | Gluten | Dairy |
| Egg | Soy | Corn | |
| Other (please be specific) _____ | | | |

If your child does not eat certain foods or ingredients for personal choice reasons (this does not include picky eaters), but IS NOT allergic, please circle the foods your child does not eat. You do not need to fill out the rest of the form.

How long ago was your child diagnosed with the food allergy? _____

When was their last exposure/reaction? _____

Please indicate the severity of your child's most recent reaction (circle one):

- Anaphylaxis** **Severe (Systemic with no Anaphylaxis)** **Moderate** **Mild**

Please describe your child's most recent reaction in detail:

What were the symptoms? _____

Did your child take any medication to alleviate the symptoms? (Please list medication(s) taken):

Did your child go to the hospital? **Yes** **No** How long did the symptoms last? _____

What triggers your child's reaction (e.g. eating the food, touching the food, touching a contaminated surface, airborne, etc)? List all that apply: _____

Does your child have an epi-pen (circle one)? **Yes** **No**

If No, skip to IMPORTANT INFORMATION

If Yes, please send at least TWO epi-pens with your child to Outdoor Science School. Also, thoroughly complete the **Physician and Parent Authorization to Administer Medication form** (in the parent packet) and the **Anaphylaxis Action Plan** (on the back of this form).

- Has your child used an epi-pen before (circle one)? **Yes** **No**
 - o List approximate date(s) that the epi-pen was used: _____

IMPORTANT INFORMATION

The Outdoor Science School kitchen is a peanut and tree-nut free facility, with the exception of desserts served after dinner each evening, which do not contain nuts, but may have been processed in a plant that also processes tree nuts. If your child is allergic to peanuts or tree nuts, they will receive Oreo cookies for dessert each night. The kitchen is prepared to provide Gluten free, Dairy free, Vegetarian and Vegan meals without prior notice. **If your child is allergic to EGG, SOY or CORN, or you have any other dietary concerns, please call our office (831-722-8222) two weeks before your child is scheduled to attend to discuss menu substitution options. You may be asked to send up pre-made substitution meals if the dietary restrictions are beyond the scope of the Outdoor Science School kitchen.**