# SANTA CRUZ COUNTY OUTDOOR SCIENCE SCHOOL

## PARENT/GUARDIAN INFORMATION

**VV** elcome to Santa Cruz County Outdoor Science School, a school without walls or desks,

sponsored by the Santa Cruz County Office of Education. The Outdoor Science School experience is available to fifth and/or sixth grade students accompanied by their classroom teacher who spend four or five days living on site.

Classes are conducted in the forest, at the edge of the creek, in the chaparral, and in the meadow. The most useful tools for learning are readily available: the students' five senses. The subject area most emphasized in this hands-on learning experience is the science of ecology, the relationship between living things and their environment. From an understanding of basic ecological concepts, we hope that a deeper connection and sense of responsibility for the environment will result.



# The Curriculum

The curriculum of the outdoor science school program is aligned with the *Next Generation Science Standards*. We work with classroom teachers before they reach outdoor science school, and strive to aid in student's learning before and after outdoor science school through our curriculum handbook. We focus on authentic inquiry as students explore, interact with and discuss the natural wonders of the redwood forest ecosystem.

# The Social Aspect

A second and equally important outcome of the program is the social aspect. The 3 Rs are emphasized; respect, responsibility, and reliability, and are reinforced through the sharing of chores and small group living. Shared cabin living encourages making new friends and working through problems as they occur. Friendships that are made during this week may last a lifetime. The students are encouraged to understand the value of a positive attitude and of being willing to adapt to new settings and situations.

# **How is the Outdoor Science School Organized?**

The Santa Cruz County Office of Education is responsible for the administration of the Outdoor Science School. Koinonia Conference Center is the site where the program takes place; Koinonia is contracted to supply the site facilities, maintenance, kitchen crew, and the ropes course staff. The instructional staff from the County Office of Education consists of outdoor education specialists (we call them naturalists) who work closely with the students. The instructional staff works under the leadership of the director, program coordinator and program assistant of the outdoor science school and the credentialed teachers to provide a positive living and learning experience. Another value of the program is the opportunity for supervised leadership training and community service offered to high school students who serve as cabin leaders through our service learning program.

# Staff and Cabin Leaders at Science School

The staff at Outdoor Science School are carefully interviewed, referenced and background-checked. Each naturalist is a college graduate and certified in wilderness first aid and CPR. They are safety-oriented, positive, enthusiastic, and they know how to make learning fun for your child. Cabin leaders are trained high school volunteers. They work under the supervision of the Outdoor Science School staff. The cabin leader selection process requires good academic standing and includes an application, a letter of recommendation, and signatures from teachers, counselor and principal indicating readiness for leadership. An extended group interview takes place during leadership training the evening before the 5<sup>th</sup>/6<sup>th</sup> grade students arrive. The cabin leader training includes (but is not limited to) positive discipline, abuse prevention and risk management.

#### Food at Science School

While involved in our program, your child will be eating nutritional and tasty food. Children serve themselves during family style meals in our spacious dining room and are encouraged to eat as much as they would like. Our cooks are experienced in preparing and serving balanced meals to help make sure your child's needs are met. The cooks are also able to accommodate some special diets with advance notice. If your child has special dietary needs, please read and fill out the attached SPECIAL DIETARY NEEDS form. You may need to contact the Outdoor Science School ahead of time to discuss your child's dietary accommodations.

## Accommodations at the Science School

Students stay in carpeted and heated cabins that accommodate between 10 and 14 individuals each. The beds are furnished with plastic covered mattresses. Bathrooms are located in each cabin with private shower facilities. Students are required to clean their living quarters each day. One or more cabin leaders will stay in the cabin with the students. Classroom teachers stay in separate cabins nearby.

# **Student Safety**

The Outdoor Science School has clear policies and practiced procedures that address students' physical and emotional safety. Staff members participate in extensive training which includes (but is not limited to) Emergency Procedures, Positive Discipline, Mandatory Reporting and Abuse Prevention. Our Cabin Privacy Rules are shared with students on arrival day and posted in each cabin, visible for all, to ensure that everyone has a clear understanding of appropriate rules and boundaries in a shared living environment. Our twice-daily, routine "Quick-Writes" activity allows every student the opportunity to communicate any concerns in writing and confidentially to their naturalist and/or classroom teacher each morning and evening. If you have questions or would like further information about the details of our policies and procedures, please call the director at 831-466-5715.

## Poison Oak + Ticks

**Poison oak** exists near our hiking trails. As long as students follow our important school rule of "stay on trail," they are very unlikely to encounter poison oak. Naturalists survey all areas before allowing students to go off trail for exploration. If your child is highly allergic to poison oak, please indicate so on their registration form. We have Tecnu wash available in the health office for students who have accidentally come into contact with poison oak. **Ticks** also exist in the redwood forest. On rare occasions, they will "hitchhike" on a student. For this reason, we give self-tick-check instructions to every student on arrival day and encourage them to do self-tick checks in the bathroom each night and morning. If a student discovers a tick, the health supervisor will remove it, save it and send it home with the student. We will also notify parents.

# **Health Care at the Science School**

A Health Supervisor is in residence 24 hours a day while your child is attending science school. If a child becomes too ill to participate in activities, parents will be called to pick up their child. If an emergency arises or your child is hurt while at the outdoor school, you will be notified immediately. Emergency Medical care is just minutes down the road at the local fire station. If parents cannot be reached, medical treatment will be given under the authorization parents sign as part of the registration procedure. Please fill out all health forms carefully and completely in ink.

# **Medications**

In order for your child to receive any medications at the Outdoor Science School, you must complete and sign the Authorization to Administer Medication form in this packet. If your child takes regular medications (prescription and/or OTC not listed on the form), your child's physician must also complete and sign the form. ALL medication sent with your child must be in the ORIGINAL CONTAINER (including over-the-counter). Medication in pill-boxes cannot be administered. Prescription containers must have the original prescription label that is legible and includes the following information:

- 1. STUDENT'S NAME
- 2. PHYSICIAN'S NAME
- 3. NAME OF MEDICATION
- 4. DOSAGE (how much and when)

Information and directions on the prescription label must match the written physician's orders on the Authorization to Administer Medication form.

# **Homesickness**

While many students may feel very confident away from home, some may experience separation anxiety and display signs of homesickness. The outdoor science school staff members are caring and respectful and are trained to work with students struggling with homesickness. Staff members work together with the student's teacher and cabin leader to provide the nurturing, support and counseling that is needed. If a student is experiencing homesickness, a phone call home is <u>not</u> our first approach. Students are more successful when they are able to stay focused on participating in the activities rather than focusing on home. In more severe cases, the administrative staff may call the student's parents to inform them of their child's homesickness, outline steps taken to support their child and answer any questions the parents may have. It is our policy to keep parents informed if their child is experiencing severe homesickness. If you anticipate that your child will experience severe homesickness, setting up a tour (by calling the number listed below) to visit the campus before their attendance week is a great way to alleviate anxiety.

# The First Day's Lunch

PLEASE PROVIDE YOUR CHILD WITH A BEVERAGE AND A BAG LUNCH TO BE EATEN DURING THE FIRST DAY OF OUTDOOR SCIENCE SCHOOL (No peanuts or peanut products, please). No other snacks or meals should be sent with your child unless there is a medical reason for doing so. We ask that no food be in the child's cabin because of potential insect and rodent pest problems.

# **Transportation**

School sites will arrange the transport of students each way. Check with your school site to find out what time your child needs to be at school the first day of science school, and when your child will be arriving on the last day of science school.

# **Letter from Home**

Cheerful letters from home, which are "general" in nature (no bad news please), are always appreciated by the students. Please mail your letters early (the Saturday before the program week is best) in order to ensure their arrival by Tuesday or Wednesday. Please <u>do not</u> send packages, food, gum or candy. Mail is delivered to the students each morning at breakfast. Mail that arrives Friday afternoon after your child has departed, or later, will be stamped with "return to sender" and sent back to you.

ADDRESS MAIL AS FOLLOWS:



Please direct phone calls during the program week to our Koinonia site office at (831) 722-8222. If you cannot reach anyone at that phone number please try the Santa Cruz County Office of Education at (831) 466-5715.

# **Outdoor School T-Shirts and Sweatshirts**

Please remember to check the Outdoor Science School store order form for items your child may like to buy. All items should be pre-ordered. Look for the attached order form. Please do not send cash with your child as they will not have the opportunity to buy anything while on site. Contact your child's teacher for further instructions.

All checks that are written to purchase store items should be made payable to Santa Cruz County Office of Education

# A Typical Day at Outdoor Science School

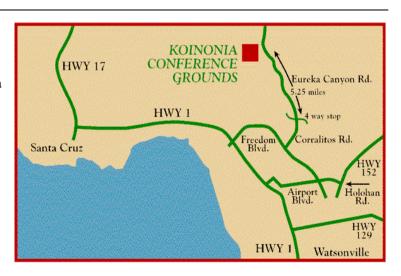
7 AM----Wake up/Shower/clean cabin 4:30-----Song/rap/poem/cheer practice 5 PM-----Cabin Time 7:50----Flag ceremony/set tables 5:20-----Flag ceremony 8 AM----Breakfast 5:30-----Dinner 9:30----Field Study 6:30-----Class meeting 11:45---Set tables 7:30-----Evening Activity Noon----Lunch 12:45---Cabin rest time 9:00-----Return to cabin 9:20-----Lights Out and quiet 1:15 PM---Field Study or Ropes Course

#### For More Information...

Check out our website at <a href="https://osp.santacruzcoe.org">https://osp.santacruzcoe.org</a> and/or our online parent presentation at <a href="https://youtu.be/m9XDEwZyeoE">https://youtu.be/m9XDEwZyeoE</a> for English and: <a href="https://youtu.be/kTUhE35zGDc">https://youtu.be/kTUhE35zGDc</a> for Spanish.

Site Phone at Koinonia #: 831-722-8222 Santa Cruz County Office of Education #: 831-466-5715

Take Highway 17 south to Highway 1. Proceed south to Freedom Blvd. Exit and proceed left over the freeway. Continue approximately 5 miles to Corralitos Road. Turn left on Corralitos Road and continue approximately 1.5 miles to a four way stop sign. Check the odometer on your car, Koinonia is straight ahead almost 5.2 miles up Eureka Canyon Road. We're located on the left side of the road up a steep driveway. There is a sign at the entrance



# WHAT TO BRING LIST FOR OUTDOOR SCIENCESCHOOL

Items with an asterisk\* are suggested but not required

Bedding			
Sleeping Bag and/or 2 or 3 warm b	ankets		
Pillow			
Toiletries:			
2 bath towels and wash cloth			
Toothbrush and toothpaste			
Comb and/or brush			
Soap and soap box (bar or body wa	sh)		
Shampoo	<i>,</i>		
Lip Balm*			
Kleenex*			
Deodorant*			
Sunscreen*			
Equipment:			
Laundry bag (large plastic garbage	nag works fine)		
Camera* (Disposable cameras are enc	ouraged <b>Please mari</b>	( w / your child's name)	
Backpack*	raragea. I lease mari	w, your child s name)	
Flashlight*			
Water Bottle (essential)			
Paper, Pen/Pencil, Stamps w/pre-ac	dressed envelope*		
1 , , , , 1 , 1	'		
Clothing:			
Underwear- 4 changes			
Socks - 8 pairs			
Pajamas (only to be worn in the cal	in)		
Jeans or Durable long pants 2-4 pai Shirts - Long and short sleeve 4 tot	rs (students must w	ear long pants on hikes)	
Shirts - Long and short sleeve 4 tot	al `	,	
Heavy sweater or sweatshirt			
Warm jacket			
Shoes - 2 pairs (closed toed), suital	le for hiking (please	e do not buy special shoes/bo	oots)
Gloves (in winter time only)			
Hat (warm cap for cold weather)			
Rain Gear:			
Raincoat or poncho			
The weather is often unpredict	able & rain gear	may be needed all time	es of the year!
Please DO NOT bring the following items:			
Cell Phones/tablets (cell phone cameras are p	robibited Camera	must be a camera only with	no other electronic
function)	Torribited. Carrieras	illust be a camera only with	no other electronic
IPods/MP3 players Hair dryers	_	urling Irons	Gum
Pocket Knives Electronic gar	nes H	air Spray	Money
Pocket Knives Electronic gar Fishing Gear Food	Δ	erosols (No cologne/perfume)	Candy
Any items requiring electricity or battery (Exc	eptions: camera, w	atch and flashlight)	

### TO AVOID LOSS OF CLOTHING/ARTICLES, PLEASE LABEL ALL ITEMS

**Dress Code:** \*Suitable clothing for outdoor experiences; chest, torso and undergarments must be covered; see-through clothing is not allowed. \*Long pants and close-toed shoes are required on trail. \*No gang-related attire \*No chains hanging from the pants



# Santa Cruz County Outdoor Science School STUDENT REGISTRATION AND HEALTH FORM



Please Print Clearly	KEGIST K	1110					SC	HOOL HE CHE CHESTY —
Name of Student (last)	(First)			(Middle	Initial)	Circle one: Male	Female	Other
Date of Birth	School					Teacher		
Home Address (Street)	(City)			(Zip Co	de)	Home Phone		
Parent/Guardian #1 Name	Work Phon	ie				Cell Phone		
Parent/Guardian #2 Name	( ) Work Phon	ie				( ) Cell Phone		
Family Medical Insurance Carrier:	( ) Group #					( ) I.D. #		
•	Gloup #							
Name of Family Physician						Physician's Tel	ephone	
PERSONS TO CONTACT IN A	N EMERGENO							
Name		Relatio	nship to Stud	lent	Hon	e Phone	Cell Pho	one
Name		Relatio	nship to Stud	dent		e Phone	Cell Pho	one
ST	UDENT HE	ALTH	INFORM	IATION		)	( )	
Does student have a recent history of any of						apply and briefl	y explain l	below
A 🗆 ADHD		J.	□ Fainting					
A		K.	□ Headac					
<ul><li>□ Bee stings/insect bites (circle)</li><li>□ Food</li></ul>		L. M.	□ Homesi □ Noseble					
□ Food □ Hay fever		NI. N.	□ Recent		ne or cu	raerv		
□ May level □ Medication		14.	Body n	art affected	iie oi su. I	igery		
☐ Other (explain below)			Date of	iniury/sur	gerv			
☐ Anaphylaxis to any of the above aller	gies		Activity	restrictio	ns			
C □ Asthma								<u></u>
D   Bedwetting (send extra bedding)								
E   Bowel problems		O.	□ Recentl					
F Diabetes		P.			nuous a	ctivity (hiking, run	ning games,	, etc)
G	1 . 1	Q.	□ Sleep w		1.			
H		R.	□ Special	diet requi	red (e.g.	vegetarian, no pork	, please exp	lain belov
pox, measies, etc.) during the last month <b>Briefly explain all items checked above</b> (refer to		receding	letter) and e	vnlain anv	other h	ealth issues not li	sted above	(use
additional paper if necessary).	cach item by pr	receding	ictici) and c	Apiani any	ounci ii	carm issues not n	sica above	(usc
□ <b>Yes</b> □ <b>No</b> Does your child take ANY pre	scription or nor	-prescri	ntion medici	ne on a re	gular bas	sis? If ves. then r	olease supp	ly the
pertinent information on the Authorization to Admir								
signature on the back of this page is required for				1 0				
PARENT/GUARDIAN CONSENT AND MEDIC	CAL AUTHOR	IZATI	ON					
						Cruz County Outdo		chool
Program in conjunction with their regular school program. attendance. I hereby authorize medical and/or surgical car	My child is in g	ood healt	h, as indicated	and I acce	ot financi	al responsibility for	my child's	1
transported to and from the Outdoor School and/or while p								
be notified as soon as possible). As stated in California Ed	1 0		_			0 1.1	_	
officers, agents and employees, harmless from any and all								
science school. I fully understand that participants are to a								
rules and regulations may result in that individual being se from the outdoor science school early due to discipline iss								
I hereby authorize the Santa Cruz County Office of Educa								
my child. Such photographs or video may be published in								
information purposes without compensation or liability fro	om such use. If yo	ou do not	wish to have	your child i	ncluded i	n such videos or ph		
responsibility to contact the Outdoor Science School no la	ter than 2 weeks p	prior to yo	our child's par	ticipation a	t 831-466	-5715.		
SIGNATURE of PARENT/LEGAL GUARDIAN	Ī					Date	//	



# Santa Cruz County Outdoor Science School



AUTHORIZATION TO ADMINISTER MEDICATION Name of Student (Last) (First) Date of Birth The over-the-counter (OTC) medications listed below or their generic equivalents are provided by OSS. Please indicate below, whether or not your child has permission to receive the listed medications. ANALGESICS COLD/CONGESTANT/ALLERGY CONSTIPATION/DIARRHEA SKIN Advil/Ibuprofen Benadryl (LIO&TAB) Milk of Magnesia Neosporin Ointment Tylenol (LIO&TAB) Robitussin DM Cough & Congestion Immodium Benzocaine Cough Drops Calamine Lotion INDIGESTION MOUTH Hydrocortisone Cream Tums Chloraseptic Pepto Bismol  $\square$  **YES** (signature below is required)  $\square$  **NO** May your child be given the medications listed above if needed? ALL other medication sent with your child, both prescription and non-prescription, must be in the ORIGINAL CONTAINER and authorized below by his/her physician. The container must be clearly labeled with the following information: 1. STUDENT'S NAME 2. PHYSICIAN'S NAME (prescription medications only) 3. NAME OF MEDICATION 4. DOSAGE (how much and when) Please pack enough for 2 extra days in case of emergency, accidental loss or damage. It is important that students continue to take their medication while at OSS. Medication must be given to your child's classroom teacher for delivery to the OSS Health Supervisor. DO NOT pack medication in TO BE COMPLETED & SIGNED BY THE STUDENT'S PHYSICIAN: Medication sent from home to be administered at OSS: Dosage Route Schedule Condition(s) for Given (e.g. 1 Tab, (Oral, inhale, Name of Medication Break-Bed-Medication Lunch Dinner Other 10mg) topical) fast time 1. 2. 3. 4. 5 Comments: For students with asthma or severe allergies, please indicate if they have your permission to carry their inhaler and/or epi-pen on their person and use as needed while attending the Santa Cruz County Outdoor Science School. □ **Yes**—This student has my permission to carry their inhaler and/or epi-pen at all times. □ No-This student may not carry their inhaler and/or epi-pen. His/her medication must be on the person of an adult guardian at all times. Physician Authorization: The above named student for whom the medication(s) on this form are prescribed is under my care. Physician's Name: \_\_\_ Phone Number: \_\_\_\_\_Address: \_\_\_\_ Signature: \_\_\_ Date: Parent/Guardian Authorization The Board of Education recognizes that certain students may need to take prescribed or over-the-counter medication during their stay at the Outdoor Science School (OSS). The Health Supervisor, or other persons designated by the administration, shall assist such students in taking their medication. OSS is not legally required to administer medication to students participating in the program. However, at the request of the parent/legal guardian, with proper authorization, OSS will administer medication in an effort to carry out the wishes of the parent/legal guardian and the recommendations of a physician. I request that my child be assisted by authorized persons in taking the described medications listed above at the Santa Cruz County Outdoor Science School in compliance with established policies and procedures. I understand that medication may be dispensed by someone other than a registered nurse. I hereby agree to hold the Santa Cruz County Office of Education and its officers, agents, and employees harmless from any and all liability which may arise out of SCCOE's performance under this agreement. SIGNATURE OF PARENT/LEGAL GUARDIAN:\_\_ \_\_ DATE: \_\_

Checklist (Make sure of the following before returning this form) Medications are in their original containers Medications are not expired Medications inside a gallon sized zip lock bag O Parent/Guardian (and doctor for prescription meds) have signed this form

# Santa Cruz County Outdoor Science School Special Dietary Needs Form

(If your child is a vegetarian or vegan, and does not have other food restrictions, do not fill out this form.

Indicate these dietary needs on the Student Health and Registration form)

Name of Stu	udent (Last)		(First)		Date of Birth	
Parent/Gua	rdian Name		Phone Number School/Teacher			
Please indic	cate which foods/ingredients your child M  Tree nuts	IAY NOT	HAVE (circle all that apply):  Dairy	ingredie	hild does not eat certain fo nts for personal choice rea	sons (this does
Egg	Soy	Corn	·	please ci	ude picky eaters), but IS NO ircle the foods your child do not need to fill out the rest	oes not eat.
——————————————————————————————————————	se be specific)		<b>_</b>			
How long a	go was your child diagnosed with the food	d allergy	?			
When was t	their last exposure/reaction?					
Please indic	cate the severity of your child's most rece	nt reacti	ion (circle one):			
Anaphylaxi	is Severe (Systemic	with no	Anaphylaxis)	Mode	erate	Mild
Please desc	cribe your child's most recent reaction in c	detail:				
WI	hat were the symptoms?					
— Did	d your child take any medication to allevia	ate the s	ymptoms? (Please list me	edication	(s) taken):	
— Dio	d your child go to the hospital? Yes	No	How long did the sym	ptoms la	st?	
	ers your child's reaction (e.g. eating the fo	-	•		inated surface, airborne	, etc)? List all
Does your o	child have an epi-pen (circle one)? Yes	No				
If No, skip t	to IMPORTANT INFORMATION					
-	se send at least TWO epi-pens with your c horization to Administer Medication forn					-
-	Has your child used an epi-pen before (o o List approximate date(s) that the					

#### **IMPORTANT INFORMATION**

The Outdoor Science School kitchen is a peanut and tree-nut free facility, with the exception of desserts served after dinner each evening, which do not contain nuts, but may have been processed in a plant that also processes tree nuts. If your child is allergic to peanuts or tree nuts, they will receive Oreo cookies for dessert each night. The kitchen is prepared to provide Gluten free, Dairy free, Vegetarian and Vegan meals without prior notice. If your child is allergic to EGG, SOY or CORN, or you have any other dietary concerns, please call our office (831-722-8222) two weeks before your child is scheduled to attend to discuss menu substitution options. You may be asked to send up pre-made substitution meals if the dietary restrictions are beyond the scope of the Outdoor Science School kitchen.

# Santa Cruz County Outdoor Science School Allergy and Anaphylaxis Action Plan

To be completed by the child's physician if the student will bring an Epi-Pen to Outdoor Science School

To be completed by the child's physician <u>n</u> th		·			
Name of Student (Last)	(First)	Date of Birth			
Parent/Guardian Name	Phone Number	School/Teacher			
Allergen that may cause a severe reaction:					
Note: In addition to this form, please complete the Ph	nysician and Parent Au	uthorization to Administe	r Medication Form		
If the student has these symptoms:		Give this Medicati	ion (circle):		
1. If a food allergen has been ingested or in the case of bee the student has been stung, but no symptoms	allergies,	Epinephrine	Antihistamine		
2. Mouth (itching, tingling, swelling of lips/tongue/mouth)		Epinephrine	Antihistamine		
3. Skin (hives, itchy rash, swelling of face or extremities)		Epinephrine	Antihistamine		
4. Gut (nausea, abdominal cramps, vomiting, diarrhea)		Epinephrine	Antihistamine		
5. Throat (tightening, hoarseness, hacking cough)	Epinephrine	Antihistamine			
6. Lungs (shortness of breath, repetitive coughing, wheezing	ng)	Epinephrine	Antihistamine		
7. Heart (thread pulse, low blood pressure, fainting, pale, b	lueness)	Epinephrine	Antihistamine		
8. Other		Epinephrine	Antihistamine		
9. If reaction is progressing (several of the above areas affe	ected)	Epinephrine	Antihistamine		
Medication Dosage:  Epinephrine auto injector: Inject into outer thigh		0.15mg O	DR 0.30mg		
Antihistamine (medication/dose/route):					
Other (medication/dose/route):					
Give Medication then CALL:  1. Call 911 if epinephrine is given and/or symptoms are progressing to potentially life-threatening  2. Call the Outdoor Science School director on the two-way radio  3. Call parents/guardians					
The child named above is under my care. It is necessary for him or her to receive the above prescribed medication while attending the Outdoor Science School. The medication may be administered by trained, nonmedical school employees, under the supervision of the health supervisor/EMT. The health supervisor/EMT may not be present during the administration of the medication.					
Physician:Phone Number:					

Physician Signature:\_\_\_\_\_\_Date:\_\_\_\_\_

# **Primary. Health Standard Consent**

# **School-based Testing**

Please carefully read and sign the following Informed COVID 19 Screening Test Consent and Authorization for the Release of Information and Test Results:

For non-minors, all sections that reference "my child" refer to the individual signing

To help make our California schools safer and reduce the risk of COVID-19 being transmitted at school, the California Department of Public Health (CDPH) in partnership with your school is implementing a COVID-19 testing program. The COVID-19 tests under this program may include, but not be limited to, self-administered over-the-counter antigen tests, school administered antigen tests, and molecular (e,g,, PCR) and pooled molecular tests. Students and staff who are studying or working at the school may be tested one to two times a week for COVID-19. All testing will be free of charge.

Rapid test results will generally be available within one hour. If additional confirmatory laboratory-based testing is needed, you will be notified. You will receive a message when the test result is available for both negative and positive cases. This document provides consent for participation in the school-based testing program:

- I authorize on behalf of myself or my child COVID-19 testing by collecting a nasal swab. Most children and adults will swab the first inch or so of their nose themselves.
- I represent that I am the parent or guardian authorized to sign this document for my child.
- I acknowledge that a positive test result is an indication that I or my child must isolate at home, follow state and county quarantining procedures, and wear a mask or face covering as directed in an effort to avoid infecting others.
- I authorize that my or my child's test results may be disclosed to the district, county or state health department, or to any other governmental entity.
- I authorize Primary Diagnostics, Inc. ("Primary") and each of the parties listed below to release patient personal and test information in order facilitate testing for COVID-19 infection and for making further disclosures as set forth in the Primary Privacy Policy, available at <a href="https://primary.health">https://primary.health</a>:
  - o The ordering provider for your COVID-19 test
  - The ordering provider for your child's COVID-19 test
  - The California Department of Public Health and local public health agencies
  - Any laboratory partner providing confirmation RT-PCR tests and/or providing mandatory reporting to the state health department
  - The participating school and other Primary partners, as necessary and determined by Primary Diagnostics, Inc.
- I understand that "patient personal and test information" includes the following:
  - The patient's name, gender, date of birth
  - If applicable, dependent and/or guardianship information
  - Contact information including telephone number, email address, and physical or mailing address
  - Appointment information, transaction identification number, COVID-19 test information and results
- I understand that this testing site does not act as a medical provider and that testing does not replace treatment by a medical provider. I assume complete and full responsibility to take appropriate action

- with regards to the test results. I agree I will seek medical advice, care, and treatment from a medical provider, as applicable, if I have questions or concerns, or if conditions worsen.
- I understand that, as with any medical test, there is the potential for a false positive or false negative COVID-19 test result. I have been informed about the test purpose, procedures, possible benefits and risks, and, if requested, have received a copy of this Informed Consent for participation in the COVID-19 test. I have been given the opportunity to ask questions before I sign, and throughout the entire testing procedure.
- I understand that I may revoke my authorization for consent at any time by notifying Primary. Health in writing at Primary Diagnostics, Inc. at 595 Pacific Ave FL4, San Francisco, CA 94133 or support@primary.health of my desire to revoke it. In addition to notifying Primary Diagnostics, I must also provide written notice to the designated school. I understand that any action already taken in reliance on this authorization prior to my revocation cannot be reversed.
- Unless revoked earlier, this authorization expires 12 months from the date of this authorization.
- I understand the school may also request and conduct molecular (e.g., PCR) tests as an additional precautionary measure for certain individuals tested through the COVID antigen rapid test screener. For example if a person who was exposed or has no symptoms tests positive. In this instance, I authorize the California Department of Public Health and designated partners to use my insurance information to ensure that there is no cost to me for this service.
- Warning of Risks & Assumption of Risks: Participating in COVID-19 screening involves inherent
  health risks. There is a risk that upper respiratory tract swabbing may cause mild discomfort,
  sneezing, or nosebleed. By consenting to participate, I acknowledge that I understand that the risk of
  my or my child's participation is low, and I voluntarily accept any health risks.
- Waiver, Release, and Indemnification: I know that participating in this screening is an activity that may be a potentially hazardous activity for some individuals. I hereby assume full and complete responsibility for any injury, illness, or accident which may occur during my or my child's participation. I hereby release, waive, hold harmless and covenant not to bring a suit against the administrators, sponsors, organizers, volunteers, employees, agents or any affiliated individuals or entities associated with this screening from any and all losses, damages, liabilities or other claims and causes of action that may arise out of my participation.
- To the extent permitted by applicable law, in the event of a conflict between the English and Spanish language versions of this Informed Consent, the English language version shall control.

Note: Electronic Consent will be collected through the Primary. Health platform. If written or verbal consent is needed, the electronic consent may be exported to a printable format with the appropriate signature lines and information.

Parent/Guardian Signature	Date
Student Name:	

# O U T D O O R SCIENCE SCHOOL Santa Cruz County

#### BEHAVIOR EXPECTATIONS

# RULES AND GUIDELINES FOR SANTA CRUZ OUTDOOR SCIENCE SCHOOL

Behavior guidelines are necessary at the outdoor school as they are everywhere else. These are simple, common sense rules that are not meant to restrict students from having an experience that is fun, but to insure that everyone is safe and enjoying the Outdoor Science School equally.

#### The **Outdoor School "3 R's"** will help you remember what is expected:

- \* Be **RESPECTFUL**. Show respect for yourself and others, their feelings, their rights, their bodies (treat others as you would like to be treated) and their property (do not touch anything without the owner's permission).
- \* Be **RESPONSIBLE**. Think before you act and make the appropriate choices that are in the best interest of everyone at the Outdoor Science School. You will be held accountable for the choices you make and for the consequences of those actions. Your parents, your classroom teacher, your school, and especially your classmates will be depending on you to behave in a way that will not be disruptive or take away from their experience. Inappropriate behavior wastes everyone else's time.
- \* Be **RELIABLE.** Show your cabin leader, naturalists and teachers that you can be counted on to follow the rules. Take care of your own personal space in your cabin. Show your cabin leader, naturalists, teachers and friends that they can rely on you to help out.

# The staff at the Outdoor Science School will be relying on each student to be responsible for knowing, understanding, and following the guidelines listed below!

#### CABINS: Students are expected....

- 1. not to enter other cabins (failing to follow this rule could result in immediate suspension).
- 2. to be in bed and quiet by lights out (usually 9:20 P.M.) except for emergencies.
- 3. to remain in bed until 7:00 A.M. when the Cabin Leader asks you to get up.
- **4.** to stay with your cabin group at all times.
- 5. to refrain from pillow fights, wrestling, roughhousing or pranks of any kind.
- 6. not to have any food of any kind in cabins (in order to avoid attracting rodents and insects).
- 7. to follow the directions of, and cooperate with the Cabin Leader.

#### DINING ROOM: Students are expected...

- 1. to talk quietly at the table.
- 2. to stay seated (only the Hopper has reason to leave the table during meals).
- 3. to understand that playing with or throwing food is inappropriate.
- **4.** to listen quietly when it is time for announcements and instructions.

#### TRAIL AND GROUNDS: Students are expected ...

- 1. to stay on the trail and walk **behind** the Naturalist or Cabin Leader.
- 2. to wear long pants and close-toed shoes on trail.
- 3. to refrain from throwing objects, pushing, or carrying walking sticks.
- 4. to respect all plants and animals and not to remove or hurt them in any way.
- 5. to listen quietly at all times when a Teacher, Naturalist, or Cabin Leader is speaking.

#### IN GENERAL: Students are expected...

- 1. to use appropriate language.
- 2. to avoid statements that could be thought of as put-downs to or about others.
- **3.** to cooperate with staff and other students.
- **4.** to refrain from doing anything that could cause harm to self or others or damage to Outdoor School buildings and grounds

I have read the three R's and the guidelines. I understand them, and I am willing to follow them. I understand that my failure to follow them could result in my parents being called and could cause suspension from the Outdoor School.

Student Signature	Parent/Guardian Signature
Statent Signature	



# **Santa Cruz County Outdoor Science School Souvenir Order Form**



#### PLEASE RETURN THIS FORM WITH PAYMENT TO YOUR CHILD'S TEACHER

(Your child will receive the items ordered when he/she arrives at Outdoor Science School)

#### **Sweatshirts and T-Shirts**







#### **Water Bottles**



#### **Hats**



# Student's Name School

Item	Color CIRCLE ONE	Size	Quantity	Unit Price	Total
Sweatshirt Adult (Small Medium, Large, XL)	Grey Navy Black Forest Green		х	\$40.00	=
Sweatshirt Youth (Large, XL)	Grey Navy Black Forest Green		X	\$35.00	=
Short Sleeve T-Shirt Adult (Small, Medium, Large, XL)	Grey Navy Black Forest Green		X	\$20.00	=
Long Sleeve T-Shirt Adult (Small, Medium, Large, XL)	Grey Navy Black Forest Green		Х	\$25.00	=
Hat	Navy Forest Green		X	\$35.00	=
Cinch Backpack	N/A	N/A	X	\$20.00	=
Water Bottle (26oz)	N/A	N/A	\$8.00		=
Every Child Outdoors DonationIf you would like to contribute to our foundation please enter amount here. Any amount helps. See below for details.					=
Please make checks payable to the Santa Cruz County Office of Education Total					=

100% of profits from souvenir sales go to the Every Child Outdoors Foundation, providing Outdoor Science School scholarships to students in lower income communities. Check out our website at www.everychildoutdoors.org