

Santa Cruz County Outdoor Science School

Special Dietary Needs Form

(If your child is a vegetarian or vegan, and does not have other food restrictions, do not fill out this form.
Indicate these dietary needs on the Student Health and Registration form)

Name of Student (Last)	(First)	Date of Birth
Parent/Guardian Name	Phone Number	School/Teacher

Please indicate which foods/ingredients your child MAY NOT HAVE (circle all that apply):

- Peanuts** **Tree nuts** **Gluten** **Dairy**
Egg **Soy** **Corn**
Other (please be specific) _____

If your child does not eat certain foods or ingredients for personal choice reasons (this does not include picky eaters), but IS NOT allergic, please circle the foods your child does not eat. You do not need to fill out the rest of the form.

How long ago was your child diagnosed with the food allergy? _____

When was their last exposure/reaction? _____

Please indicate the severity of your child's most recent reaction (circle one):

- Anaphylaxis** **Severe (Systemic with no Anaphylaxis)** **Moderate** **Mild**

Please describe your child's most recent reaction in detail:

What were the symptoms? _____

Did your child take any medication to alleviate the symptoms? (Please list medication(s) taken):

Did your child go to the hospital? **Yes** **No** How long did the symptoms last? _____

What triggers your child's reaction (e.g. eating the food, touching the food, touching a contaminated surface, airborne, etc)? List all that apply: _____

Does your child have an epi-pen (circle one)? **Yes** **No**

If No, skip to IMPORTANT INFORMATION

If Yes, please send at least TWO epi-pens with your child to Outdoor Science School. Also, thoroughly complete the **Physician and Parent Authorization to Administer Medication form** (in the parent packet) and the **Anaphylaxis Action Plan** (on the back of this form).

- Has your child used an epi-pen before (circle one)? **Yes** **No**
 - o List approximate date(s) that the epi-pen was used: _____

IMPORTANT INFORMATION: Though we cannot guarantee a nut free facility, we have implemented the following preventative measures in order to minimize the risk to our guests with severe nut allergies: We do not serve any peanut or tree nut products from our kitchen. A select few menu items (dessert only) may be produced in a factory that processes tree nuts. In this case, students with peanut/nut allergies will be given a peanut/nut free replacement. Ingredient information is available upon request. We inform our staff and the kitchen staff of students who have severe food allergies on arrival day. We have a written emergency action plan in place for managing an anaphylactic reaction. **If your child is allergic to EGG, SOY or CORN, or you have any other dietary concerns, please call our office (831-722-8222) two weeks before your child is scheduled to attend to discuss menu substitution options. You may be asked to send up pre-made substitution meals if the dietary restrictions are beyond the scope of the Outdoor Science School kitchen.**